



**THE  
STRESSFIX**

*Energizing Healthy Life™*

**Business Health Opportunity**

**REDUCE** illness and lost time costs

**SOLVE** your most costly risk factor

**PRODUCE** optimal employee health

## **Eliminate Stress Costs**

**50% OF ABSENTEEISM** and lost time

**60%–90%** of all primary care doctor visits

**\$300,000,000,000** lost by U.S. businesses each year

**3 WEEKS LOST PRODUCTIVITY** /person/year from loss of focus

# **Re-think Business Health >>**

# #1 Business Health Opportunity

## Re-think Business Health

- ✓ **NEW STRATEGY** – make health into a lower cost productivity driver
- ✓ **NEW DIRECTION** – produce optimal health for top performance
- ✓ **NEW COMPETENCY** – translate physiology into financial strategy
- ✓ **NEW APPROACH** – process improve health for continuous gains

KEY PERSON COACHING  
ONLINE LEARNING  
TEAM TRAINING

## SKILLS not PILLS

- Lower total illness costs
- Healthy, focused employees
- Top notch employee performance organization-wide
- A workforce that adapts successfully to rapid change

## The Functional Health Stress Solution

 [www.thestressfix.com](http://www.thestressfix.com)

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