

GAIN THE SKILLS YOU NEED TO DE-STRESS IN 6 SECONDS FLAT. ANYTIME. ANYWHERE.



**THE
STRESSFIX™**

Energizing Healthy Life



PERSONAL COACHING FOR YOUR INDIVIDUAL & GROUP NEEDS

Lifelong
SKILLS not PILLS
to immediately and handily eliminate
(not merely “manage”) stress damage.
THE STRESS FIX™ creates OPPORTUNING™
the artful science plus wisdom of using stress
positively to achieve your goals, create solutions,
gain functional health & grow energy to enjoy life.

**RESOLVE ALL STRESS SYMPTOMS
IN ONLY 4-6 SESSIONS**

APPROVED FOR 10 CNES FOR NURSES



www.thestressfix.com - 804.616.5053