

PRODUCING HEALTH

How to Transform Health into a Lower Cost Productivity Driver

PRODUCING HEALTH PREVENTS THE MAIN CAUSAL RISK FACTOR OF THESE COSTS:

- 60%–90% of all primary care doctor visits (*Harvard Business Review*)
- 50% of absenteeism (*National Institute for Organizational Safety & Health*)
- \$300 billion annual lost productivity costs to USA businesses (*World Health Organization*)

PRODUCING HEALTH DELIVERS TWO KEY EXECUTIVE COMPETENCIES NEEDED TO LOWER HEALTHCARE COSTS WITH OR WITHOUT A COHERENT NATIONAL HEALTH POLICY:

- Translate physiology into financial strategy
- Process-improve health

DISCOVER “HEALTH-PRODUCING-ACTION” — THE NEW BREED OF SKILLS (NOT PILLS) FOR:

- top performance focus
- continuous improvement of health, work and life

THREE ESSENTIAL TRAININGS FOR TODAY’S FUNCTIONAL HEALTH ABILITIES — 3 HOURS EACH

ENJOY BODY/MIND HEALTH

DYNAMIC CALM

Today’s top health ability

ENJOY MIND/IMMUNE HEALTH

GENIUS FOCUS

Humanity’s mental leap

ENJOY ENERGY HEALTH

ENERGIZING LIFE

Vibrant awareness

Psychophysicologist Robert Simon Siegel, MS developed the functional health skills for PRODUCING HEALTH over 25 years in hospitals and medical centers. He has delivered wellness trainings to organizations like: Chevron USA, Inc., TRW, NBC, Port of Seattle Police Department, Washington Athletic Club, King County, WA. His private clients have included a sitting Governor, CEOs of multi-national corporations, police chiefs, physicians, nurses and people from all walks of life. Robert presented “Fixing Stress” at the 2015 Health and Productivity Forum in San Francisco for Integrated Benefits Institute. The New England Hospital Assembly, Inc. honored the program he developed for Mount Pleasant Hospital in Massachusetts. Robert was a selected speaker at both the 2008 & 2010 National Wellness Conferences. Author of two and a half books, his articles have appeared in a wide variety of publications like: *Workers Comp. Monthly*, the Middle East edition of *CAPITAL: Business & Finance Magazine* and *QJ: The Journal of Eastern Health & Fitness*.

CALL FOR A COMPLIMENTARY PRESENTATION TO YOUR TEAM!

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