

ENERGIZING LIFE™

VIBRANT AWARENESS

All biological organisms, including humans, can develop new capacities with better energy efficiency, so we don't have to spend all our time just searching for food. Gain rare energy knowledge from new science and powerful ancient wisdom tools to energize your health, your awareness, your goal-achieving and your life.

Enjoy THE energy TREASURE of feeling JOY whenever you want, even if your life isn't perfect! HOW? Activate your Little Sun energy engine to become a healthy, solar-powered human so you're not fatiguing your adrenal glands with constant demands from stress, because they are needed to co-regulate nearly all your organs.

TURN ON YOUR BRAIN WITH ENERGY, IGNITE YOUR LIFE FORCE AND RECHARGE FAST:

- » Strengthen your adrenal gland health to lose weight, lower blood pressure and normalize blood sugar
- » Optimize your bio-energetic field functioning for greater health, awareness and illness prevention
- » Discover how to open the main energy "valve" of your life force energy
- » Throw off colds and flu energetically before they can "catch"
- » Increase your lung function and oxygen vitality with "longevity breathing"
- » Expand your perception beyond the senses for "broadband" awareness

FOR MORE INFORMATION:

- » Visit thestressfix.com/services
- » Call (804) 616-5053 or email info@TheStressFix.com

*Enjoy energy health
for top performance.*

**SKILLS,
not
PILLS.**

*Fuel your life with
healthier energy and
grow fascinating
new abilities!*

**YOUR
BODY
will
LOVE
you!**



Meet Stress Specialist **ROBERT SIMON SIEGEL, MS**. Robert developed these functional health skills for THE STRESS FIX and PRODUCING HEALTH over 25 years in hospitals and medical centers. His clients have included a sitting Governor, CEOs of multi-national corporations, police chief, physicians, nurses and people from all walks of life. His wellness trainings have helped clients like: Chevron USA, Inc., TRW, NBC, Port of Seattle Police Department, Washington Athletic Club and King County, WA. Robert presented "Fixing Stress" at the 2015 Health and Productivity Forum in San Francisco for Integrated Benefits Institute. A selected speaker at the 2008 & 2010 National Wellness Conferences and author of Six Seconds to True Calm: Thriving Skills for 21st Century Living, his articles have appeared in a wide variety of publications like: CAPITAL: Business & Finance Magazine and QI: The Journal of Eastern Health & Fitness. When not playing Afro-Cuban rhythms on his congas, Robert trains individuals and provides wellness trainings for companies who want lower lost time & healthcare costs. Visit us at www.TheStressFix.com.